

## Fries With The Works – PEI Classic Dish Goes High Tech!

(CHARLOTTETOWN, PE – August 29, 2018) “Fries With The Works” has been known by Islanders for over forty years for its hearty, comfort food appeal. The unique Prince Edward Island Potato Dish includes four key ingredients: PEI French Fries topped with Gravy, Island Ground Beef and Canned Peas. Many have enjoyed it at their local restaurants, hockey rinks or take-outs, and now both Islanders and visitors can take their taste buds on the road by accessing an on-line map that show the locations of over fifty different restaurants proudly serving this home-grown dish!

The origin of Fries With The Works can be traced back to 1975, to Pat’s Take-Out in Unionvale, PEI. As legend has it, a worker from a nearby potato warehouse stopped into Pat’s for a bite to eat before starting his night shift. Upon placing his order for French fries with gravy, owner Pat Pineau added some extra ingredients to his order in an effort to help the young worker stay full throughout his shift. The response was positive, and word of the dish spread quick. By the 1980s, Fries With The Works and variations of Pat's classic were being served Island wide. Today, nearly every dairy bar and local take-out across PEI carries a version of the 'Classic' Fries with the Works.

In addition to the ‘Classic’ Fries With The Works, new creative variations have emerged. Restaurants have customized their own versions of Fries With The Works by adding veggies, shredded cheese or poutine curds. Some even add more protein, including Chicken, Pulled Pork, or Bacon. Whether in its classic form, or with a creative twist, no PEI summer would be complete without Fries With The Works!

For more information and a map of Fries With The Works locations, check out [www.frieswiththeworks.ca](http://www.frieswiththeworks.ca).

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**Prince Edward Island Potatoes** are world renowned for the great taste and quality that comes from growing in the unique red soil of PEI. The Prince Edward Island Potato Board represents the 180+ family farms that specialize in growing top quality potatoes for fresh, seed and processing markets in Canada and around the world. Our farms are dedicated to supporting the highest performance of an economically and environmentally sustainable potato industry.

