



PEI POTATO PIZZA BOATS

INGREDIENTS

- 2 PEI Baking Potatoes
- 1/2 Cup Pizza Sauce
- 2/3 Cup Grated Mozzarella
- 3 Tbsp. Milk
- 1/4 tsp. Salt
- Toppings: diced ham, red pepper, salami, pineapple, cooked bacon, pepperoni, sliced mushrooms, cherry tomatoes, green olives, etc.

PREP TIME: 10 MINUTES
COOK TIME: 12 MINUTES
MAKES 4 SERVINGS

Make sure to always ask an adult before preparing this recipe.

DIRECTIONS

Step 1: Scrub potatoes, then prick skin a couple of times. Place on a paper towel in the microwave. Microwave, uncovered, on high for 10 minutes. Remove and cut in half, careful they will be hot!

Step 2. Scoop out most of the potato pulp into a medium bowl, leaving a rim around shell of potato. Mash pulp with half the cheese, milk, and salt. Spread pizza sauce on the base of the potato skins. Put the potato mixture back into the shell.

Step 3. Sprinkle on the rest of the mozzarella cheese and any toppings you would like!

Step 4. Place filled potatoes in a spoke pattern on a microwave safe plate. Microwave, uncovered, on high until hot (about 2-3 minutes).

Nutrition per serving:

- 6 grams of protein
- 4 grams of fat
- 20 grams carbohydrate
- 144 calories

